

Diocesan Athletic Health Form Information

Diocesan Athletic Health forms need to be updated each year after May 1st for the following school year. If your child intends on participating in any of our school sponsored sport programs, they will need a **NEW** Diocesan Health form for the current school year complete with physician and parent signature along with current insurance information.

We understand that insurance companies will only pay for one physical a year and sometimes appointments do not fall within the month in which the health forms will be required to be turned in to us with your sports registration. However, we hope that giving you a heads up on this information now will give you time to get your appointments scheduled accordingly. Walk-in clinics are another source for sports physicals if you choose not to go to your physician.

Secondly, every parent and student athlete needs to read the concussion safety information on our website and acknowledge they have read and understand the signs and symptoms of concussions.

The **Diocesan Athletic Interscholastic Program Registration Form (Health Form / Concussion Statement Form)** will need to be completed, signed, and returned to the Athletic Director before the student athlete will be allowed to participate in the first day of practice. **(This has now been condensed to one form)**